

BRAIDED PRAYERS

At this station you will think of three things, people or needs to pray for.

- Pick out three strands of cloth.
- Knot them close to the top.
- Hang over the rope.
- Pray and meditate as you braid the three strands together.
- Quietly knot the other end and before leaving, take note of any other braided prayers on the rope. Take time to consider the braided prayers of others.