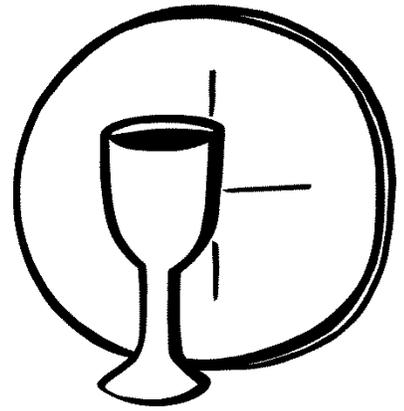


## GRACE LUTHERAN COMMUNION BREAD RECIPE

Thank you for being a communion bread baker at Grace! On a normal weekend Grace will distribute approximately 12 loaves of communion bread made by two bakers. Below you will find the recipe printed two ways—as a 3-loaf recipe and as a 6-loaf recipe. You may bake it whichever way is convenient for you and your kitchen—as long as you end up with 6 loaves in the end!

Package the bread loaves in groups of 3 in zip-lock-style gallon-sized freezer bags labeled with the date the bread was baked. **Please have the bread to the church by 3:00 p.m. on Saturday.** If the church doors are locked, please place the bread in the black and silver toolbox outside the front door. Thank you!



### 3-Loaf Communion Bread Recipe

1 ½ cups **whole wheat flour**  
½ tsp salt  
¼ cup oil  
¼ cup honey

½ cup **white flour**  
1 tsp baking soda  
½ cup water

#### **Instructions:**

- 1) Preheat oven to 350
- 2) Mix dry ingredients (wheat flour, white flour, salt, baking soda)
- 3) Add wet ingredients (oil, water, honey)
- 4) Knead well, if dough is too sticky – add more wheat flour
- 5) Divide into 3 equal parts.
- 6) Roll to ½ inch thick
- 7) Cut in 7 inch circle. For a circle, you can shape the dough with your hands or use a bowl and cut around the dough like a cookie cutter.
- 8) Press a knife part way into the center of each loaf to make the mark of a cross.
- 9) Place on greased cookie sheet.
- 10) Put in 350 degree oven and bake 10-12 minutes

### 6-Loaf Communion Bread Recipe

3 cups **whole wheat flour**  
1 tsp salt  
½ cup oil  
½ cup honey

1 cup **white flour**  
2 tsp baking soda  
1 ¼ cup water

#### **Instructions:**

- 1) Preheat oven to 350
- 2) Mix dry ingredients (wheat flour, white flour, salt, baking soda)
- 3) Add wet ingredients (oil, water, honey)
- 4) Knead well, if dough is too sticky – add more wheat flour
- 5) Divide into 6 equal parts.
- 6) Roll to ½ inch thick
- 7) Cut in 7 inch circle. For a circle, you can shape the dough with your hands or use a bowl and cut around the dough like a cookie cutter.
- 8) Press a knife part way into the center of each loaf to make the mark of a cross.
- 9) Place on greased cookie sheet.
- 10) Put in 350 degree oven and bake 10-12 minutes

